







29 April 2025

## Procurement of automatic Frequency Restoration Reserve (aFRR) in May

The Nordic TSOs have gradually reduced the procurement of aFRR after the implementation of the Automated Nordic mFRR Energy Activation Market (EAM).

The TSOs increased the procurement temporarily to secure a safe transition to the new balancing model.

The main basis for the procurement is the TSO goal for frequency quality level.

## Nordic aFRR volumes per hour

From 1<sup>st</sup> of May, the total volume for upwards balancing will vary between 300 - 325 MW and for downwards balancing between 350 - 375 MW.

aFRR will be procured for all hours and all days of the week as detailed below. Hours in Central European Time (CET).

From-to	Hour	Up	Down
00-01	1	300	350
01-02	2	300	350
02-03	3	300	350
03-04	4	300	350
04-05	5	300	350
05-06	6	300	350
06-07	7	325	375
07-08	8	325	375
08-09	9	325	375
09-10	10	325	375
10-11	11	325	375
11-12	12	325	375
12-13	13	325	375
13-14	14	325	375
14-15	15	325	375
15-16	16	325	375
16-17	17	325	375
17-18	18	325	375
18-19	19	325	375
19-20	20	300	350
20-21	21	300	350
21-22	22	300	350
22-23	23	300	350
23-24	24	300	350

The TSOs evaluate and reassess the procurement scheme continuously mainly based on the frequency quality.









29 April 2025

## Contact

For further information, please contact:

Caroline Potter, Energinet, +45 22 38 47 84

Anders Lundberg, Fingrid, +358 30 395 4171

Gunnar Nilssen, Statnett, +47 23 90 32 38

Rickard Nordlöf, Svenska kraftnät, +46 10 350 91 35